

PEP-RAPPORTEN

The Pep-rapport (Pep report) is a scientific study that is conducted every year. Generation Pep conducts the study together with the Karolinska Institute and the SOM Institute at the University of Gothenburg. Hjärt-Lungfonden (the Heart and Lung Foundation) is also involved in supporting the project.

The purpose of the study is to get a better and more comprehensive picture of the health habits of children and adolescents in Sweden and to track their health over a longer period of time. We also hope to use the results to drive social changes that give children and adolescents greater opportunities to live active and healthy lives.

Participants are randomly selected every year and participation is completely voluntary. However, we appreciate the participation of as many people as possible since this makes it possible to get more comprehensive results.